# Research Methods



# Family in the News

- Can you identify some main debates (controversies) for your topic?
- Do you think the authors' positions in these debates (i.e., their values) affect their presentation of the facts and their conclusions?
- What can you conclude about the "trustworthiness" of information about families as presented in the popular press?
- Are some press sources more "objective" than others?
- How do you think the coverage of family issues in the media affects our knowledge of families?

#### How do we know what we know?

- It is impossible to separate the knowledge about the families from how that knowledge was acquired
- We always have to be critical and ask:
  - How accurate is this information?
  - How was it acquired?
  - Do the data really mean what the researchers say they mean?
  - Is it possible that the researchers' values affect their presentation of the facts?

# Everyday Research

- In some ways all of us are doing sociological research almost every day – we ask other people's opinions, draw conclusions, etc.
- Problems of such "everyday research":
  - Based on our immediate surroundings
  - Not systematic
  - We use a lot of assumptions
  - We make conclusions even when there is not enough information
  - We tend to draw conclusions that protect our interests and beliefs

## **Errors of Reasoning**

- 1. Overgeneralization: we observe a few people and conclude that what is true for these people, is true for all.
- 2. <u>Selective Observation</u>: we only observe those cases that support our opinions/beliefs.
- 3. <u>Inaccurate Observation</u>: we observe the things erroneously, not as they are.
- 4. <u>Illogical Reasoning</u>: we make illogical conclusions about causes and effects.
- 5. Resistance to Change: we are reluctant (due to personal interests, tradition, agreement with authority) to change our ideas in light of new information.

# Errors of Reasoning: Examples

- Most teenage mothers are poor. Therefore teenage motherhood causes poverty.
- I know two couples that were cohabiting but then split up. So most cohabiting couples must be eventually breaking up.
- Everyone knows it is better when a mother stays home with her children. I visited the child care center once, and there was a child there that was really upset because her mom was leaving to go to work, which proves the common belief.

## Social Scientific Research

- Social scientists:
  - Use systematic, careful, and controlled data collection process:
    - Design and choose questions in advance, and ask them in a consistent way of a large number of people
    - Methodically record observations
    - Use various techniques to ensure that the characteristics of people they study corresponds to the whole population
  - Carefully interpret the data and draw conclusions
  - When presenting results, they detail how they collected and analyzed the data it so that anyone could replicate their findings
- Social science is a set of logical (#4), systematic (#1, #2, #3), documented (#5) methods for investigating individuals, societies, and social processes.

# Research Types

- Descriptive research What? Where? When? How many?
- Exploratory research What is going on here and what does it mean?
- Explanatory research What causes Y?
- Evaluation research Can we make X cause Y?

## Research Methods

- Quantitative:
  - Surveys
  - Experiments
- Qualitative:
  - Intensive interviews
  - Focus groups
  - Participant or non-participant observation
- Unobtrusive:
  - Content analysis
  - Archival research
  - Secondary statistics
- "Mixed" methods

## **Experiments**

- Dependent and independent variables: IV -> DV
- Correlation vs causation problem
- Research Question: Do contraception classes help prevent teen pregnancy?
- Example: one randomly selected (or matched) group goes through a class on contraception (experimental group), the other does not (control group) – compare pregnancy outcomes in a year
- Advantages of experiments:
  - Can directly control all relevant variables
  - Help determine causality
- Disadvantages of experiments:
  - Rarely possible
  - Artificial conditions

# Surveys

- Questionnaires
- Method of administration:
  - Mail
  - Electronic
  - Group-administered
  - Telephone
  - Face-to-face
- Many national and local surveys are available
- Cross-sectional vs longitudinal data causation issue
- Questions to ask about a survey:
  - What were the questions?
  - What was the sample?

# **Asking Questions**

- Open-ended vs closed-ended
- Avoid confusing phrasing:
  - Keep questions simple but clear
  - Don't ask two things in one question
  - Minimize problems with interpretation
- Minimize the risk of bias:
  - Avoid biased, loaded words or phrases
  - Make "balanced statements"
  - Present all response choices as socially approved
- Response categories:
  - Have balanced response choices
  - Make response categories exhaustive and mutually exclusive (exception – "check all that apply")
  - Make categories specific but within limits of memory
- Order of questions is important

# Sampling

- Census = study the whole population
- Sample = study a subset of the population
- Are the sample results generalizable to the population?
- Representative sample = a sample that "looks like" population
- Probability sampling = random in statistical sense
- Nonprobability sampling = non-random (e.g., availability sampling, snowball sampling)
- Oversamples of underrepresented groups
- Response rate issue:
  - Case non-response refused to participate
  - Item non-response did not respond to some questions

# In-depth Interviews

- Types of in-depth interviews:
  - Unstandardized no formal schedule of questions; only ideas
  - 2. Semistandardized has a flexible schedule with questions and topic to cover, but probe beyond
- Advantages:
  - Open-ended, flexible, but controlled
  - Can probe the meanings of answers
  - Holistic pays attention to the context, whole stories
- Disadvantages:
  - Difficult to prove one explanation over another
  - Interviewer may influence the answers
  - Non-random sampling → generalizability issues

# **Basic Rules of Interviewing**

- Think about your appearance
- Interview in a comfortable place
- Be respectful, cordial and appreciative
- Never begin an interview "cold" chat first
- Remember your purpose obtain information
- Present a natural front avoid reading questions
- Know your audience ask appropriate questions
- Demonstrate aware hearing
- Don't be satisfied with yes/no answers probe
- Use a tape recorder and transcribe your interviews

## Privacy and Research Ethics

- Conflict: privacy vs obtaining information
  - An intrusion into people's lives
  - Risk of disrupting -- private life stops being private
- Need to protect subjects and minimize harm and disruption
- Informed consent people need to know what the study is about and agree to participate
- Confidentiality vs. anonymity
- Risk asking something sensitive or upsetting

# Focus Groups

- Interview in small groups
- Moderator provides structure and direction but does not express opinions
- Advantages:
  - Conversation guided by specific questions
  - Dynamic, stimulate discussion and brainstorming
  - Can interview more people
  - Can observe subjects converse about the issue in their own language
  - Can observe interaction
- Disadvantages:
  - Less detailed information from each person
  - Not truly natural conversation and interaction
  - Group dynamics affect what is said

### Observation

- Types based on observer role:
  - Complete observer
  - Participant observer
  - Covert participant observer (ethical issues)
- Difficult to be neutral we bring our biases into the situation
- Difficult to use observation to study families

## **Unobtrusive Methods**

- Content analysis of public documents: e.g., wills, diaries, magazine articles, kids books, movies, TV shows, etc.
- Can be qualitative or quantitative
- Especially important for studying the history of the family, but – class bias (e.g. diaries or wills – upper class)
- "Oral documents" songs, legends
- Archival research
- Secondary statistics (different from secondary data analysis)

# Social Research Philosophies

#### Positivism:

- Reality apart from our perceptions, follows general laws
- It can be understood through observation
- Value-free sociology

#### Postpositivism:

- Our understanding of empirical reality is limited by its complexity and by our biases
- Values matter, we should try to be aware of them and keep them out
- Interpretivism (constructivism):
  - Social reality is socially constructed, does not exist apart from people's interpretations
  - Need to understand what meanings people give to reality
  - Our values always shape knowledge
  - Interpretivism often guides qualitative research, positivism and postpositivism --quantitative